Partnerships 4 Families Early Childhood Iowa

Cindy Duhrkopf, Area Director

Email: p4fchildren@gmail.com



DPIL

Dolly Parton Imagination Library-DPIL

Fundraising continues for the program. We are in great need of donors from Carroll County. Due to the wonderful amount of children enrolled in the program funding has gone fast.

Do you know of individuals who would be willing to support the DPIL? Or organizations where we could present information about the program?

If so reach out to Cindy or Jo Rasmussen we would love to connect with new donors to the project. Donations can also be given online at:

Imaginationlibrary.com

Our Community Health Foundation Jo Rasmussen j.rasmussen@guthriecounty.gov

March of Dimes Report 2023

The 2023 March of Dimes Report Card highlights the collective factors that contribute to maternal and infant morality and morbidity in the United States. The report card indicates the U.S. preterm birth rate remains alarmingly high. The trends tell us we still have work to do.

Do you know a mother who could benefit from support prenatally? In our Early Childhood Iowa Area programs that support mothers prenatally outside of their doctors office includes:

WIC
Early Head Start
H.O.P.E.S.
Nest programs
Parentivity
Classes through St Anthony's

Information about each of these can be found on the P4F website under Resources.



UPCOMING EVENTS

Partnerships 4 Families
Board Meeting
Thursday March 21, 2023
11:00 AM at New Opportunities,
Carroll or via Zoom
March meeting is tentative.

There is no friend as loyal as a book



Parentivity

Parentivity is funded through the lowa Department of Public Health by the Maternal, Infant and Early Childhood Home Visiting Program. The goal of MIECHV is to improve the health and development of atrisk children through evidence based home visiting programs. Through Parentivity, the new Virtual Home Visitor System, this support will be expanded to include low risk parents who do not qualify for home visits.

Parentivity's goals are to:

- Improve health
- Improve Development
- Prevent Injury, abuse, neglect & ER Visits
- Improve school readiness
- Reduce domestic violence
- Increase family economic self-sufficiency
- Improve coordination with other community support options.

Check it out at:

Parentivity.org

P4F Office

Due to a few fun family life events, I will be out of the office more this spring than ever before. An out of office reply will be posted to know when I am gone. But don't fear, I will respond when I return. The dates include:

Dates around the weekend of
March 21-25

The first week or as of April

The first week or so of April. Extended Memorial Weekend

Lucky for me the majority of my extended family lives out of state so to celebrate, weddings, graduations and milestone 85th birthdays, I get to travel.

Cindy

PARKS

Our Early Childhood lowa area is blessed with many wonderful parks. Whether they be in big towns or small towns, in city parks our at our county parks there are plenty of opportunities to find a park near you.

Want to find a county park, search for your local County Conservation Department. Are you visiting a new area in the state of lowa then go to mycountyparks.com to find a listing for any county in the state of lowa.

Go Exploring!!



Prevent Child Abuse

Coming up in April is Prevent Child Abuse Month. Does your organization do anything special to promote safe environments for children?

Consider doing something the month of April to bring awareness to the abuse, maltreatment or neglect of children.



WIC is Celebrating 50 Years

2024 marks the 50th Anniversary of the special Supplemental Nutrition Program for Women, Infants and Children (WIC).

USDA is celebrating throughout the year. Check out a special webpage for all the celebrations this year. WIC Works:

https://wicworks.fns.usda.gov/50thanniversary-wic New Opportunities, WIC

To apply call 1-800-6426330. There are monthly WIC
clinics in Audubon, Buena
Vista, Carroll,
Crawford, Greene, Guthrie,
and Sac Counties.

https://www.newopp.org/services/health-services/wic-program

State office
Hhs.iowa.gov/programs/food-assistance/wic-lowa

WIC

Notes from Cindy

March is the month where little kiddos start to discover the adventures of being outdoors but some days are still too chilly or windy to be outside. Do you know of a toddler who wants to spend all their day outside. If so celebrate with them and get outside yourself.

There is more and more resarch that is showing the benefits of being outside in nature. We think it is only for the kiddos but it good for adults too.

Make March the month to challenge yourself to time outdoors every day or everyother day if the weather is not to your liking, but get outdoors it is good for the soul.

Cindy



Toddler Fest

The Greene County Libraries and Partnerships 4 Families are gearing up for Toddler Fest to be held April 27th from 10-noon at the Greene County Community Center in Jefferson. The event is geared strictly for toddler ages children to enjoy activities geared to their age.

Activities include:

- Grocery Store
- Vet clinic
- Cars
- Bee craft
- Camp side reading
- And many more
- *

People wishing to help volunteer at the event can reach out to Cindy for more information. You are welcome to supply a flyer for a parent bag that is handed out.



ECI Designation

During the month of January a great deal of data was collected surrounding early childhood that will go into the updated Early Childhood Community Plan. Many of the data points remain unchanged from previous collection points.

Unfortunately, from 2019 to 2024 we have seen a decline in the number of pediatricians in our area, were we had four we now only have one in Guthrie County.





Parenting Hacks To Help Children Become Problem Solvers

Parenting is a wonderful and important job, but it's also really tough — and there's no manual! Because no parent has all the answers, we can all use a little help sometimes. In "Lyla in the Loop," parents Lydia and Louis Loops have a knack for helping their kids learn to creatively tackle their own problems. Try these parenting tips and tricks from the show to help your kids become good problem solvers, and make parenting through kids' challenges a little easier.

Get the parenting hacks here!

Partnerships 4 Families is the Early Childhood Iowa Area
Designated to serve Audubon, Carroll, Greene, and Guthrie Counties

PO Box 672 Carroll, Iowa 51040 www.partnerships4families.org Email: p4fchildren@gmail.com

Community Coalition Meetings

Community coalition meetings are intentional meetings of community members and service providers gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

Audubon County meets at 11:30 AM on the 2nd Wednesday of the month in January, April, July & October at the ISU Extension meeting room in Audubon. Their next meeting is **Wednesday April 10, 2024 at 11:30 AM**, Offered in person and via Zoom

Carroll County meets at noon on the third Wednesday of five times a year in Feb, April, June, Sept, Nov. Their next meeting is Wednesday at Noon on April 17, 2024 @ noon at ISU Extension Meeting Room in Carroll Offered in person and maybe via Zoom

Greene County meets on the first Tuesday of the month five times a year at noon at ISU Extension in Jefferson. The five months are Feb, April, June, Sept & Nov. Their next meeting is **Tuesday April 2, 2024 at noon.** Offered in person and maybe via Zoom

Guthrie County meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is **Thursday March 14, 2024 at noon.** Offered in person and maybe via Zoom

The meetings are offered in person and via Zoom. The Zoom link for all the above-mentioned meetings can be found on New Opportunities website at: https://www.newopp.org/county-resources/coalitions