

# Partnerships 4 Families News 4 You

October 2021  
Issue 1996



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## Area Directors Note

October childhood memories for me include the smell of silage, marigolds, apples and crisp clean air. What childhood fall scents do you remember? When working with children this month have them stop and smell their surroundings. You never know when you are making a great memory through the sense of smell.

Just as the sense of smell is important to a child so is their emotional development. Partnerships 4 Families Board approved funding in September to support building the awareness of the importance of social

emotional health in children. We welcome anyone to the Zoom meeting on October 4<sup>th</sup> at 1:00 to discuss the next steps and we will be seeking volunteers to help us disseminate materials. <https://us02web.zoom.us/j/83210395851?pwd=ZktaWW5tbUJZVUtZY2FwbU1rU2o0Zz09>

We hope that you will join us or have someone from your team join us.

Help us build awareness on the importance of social-emotional development in children.

Cindy

- ◆ Every Child beginning at birth will be healthy and successful.

## Lemonade for Life

Lemonade for Life is a training based on hope and resiliency. It was offered in the P4F area about six years ago and is currently being offered virtually. If you are planning to attend, the ACEs training in our area October 20<sup>th</sup> keep Lemonade for Life in mind at the next step after learning about ACEs.

If persons are interested in attending there are currently virtual sessions going on. However, if in person is better for you let us know and we may

try and have the training again in our area.

<https://lemonadeforlife.com/>

Lemonade for Life equips participant's ways to offer families the support to turn past "lemons" of trauma into the sweet taste of lemonade.

Be sure to check out the "Bounce Back Books" listed on the Lemonade for Life website as well.

### Count the Kicks



Another Baby Saved is the memo link on emails you get from Count the Kicks. Mothers report that by utilizing the Count the Kicks apps and their providers supporting the use of the app that a baby was born healthy.

To get familiar with [Count the Kicks](#) check out their website and sign up

to receive those wonderful emails that start with “Another Baby Saved”

If you are interested, you can sign up to receive materials to share with families you work with.

### Iowa Family Support Credential

Shout out to our Carroll and Greene County HOPES programs as they go through the Iowa Family Support Credential review this month.

Iowa created a credentialing process called the Iowa Family Support Credential program to bring professionalism to the programs.

Good  
Luck!

*“Why Worry? If you’ve done the very best you can, worrying won’t make it any better.”  
Walt Disney*

### Daniel Tigers Neighborhood

If you have not checked out the Daniel Tigers Neighborhood page on pbs.org, do so today. There are songs, videos, articles and hands on activities to teach little ones while they play. Children learn self-regulation skills, social skills and so much more.

For those not familiar with Daniel Tiger he is based off the tiger from Mr. Rogers Neighborhood. The show is intended for children 2-4 years old with many role-modeling skills for parents.

<https://www.pbs.org/parents/shows/daniel/about/>

### Early Childhood Task Force Meetings

In lieu of P4F Early Childhood Task Force Meetings this fall we encourage early childhood providers to reach out to one other early childhood provider you may not know and introduce yourself. Building a network of providers is important to our system. In order to make you

accountable for the task we would like to hear about your connection. Once you have introduced yourself and connected, send us an email at [p4fchildren@gmail.com](mailto:p4fchildren@gmail.com) and tell us something positive that came out of the connection. No formal meetings will be held this fall.

### ACEs

October 20, 2021 from 1:00 PM to 3 PM  
Templeton Center, 230 S 5<sup>th</sup> Ave,  
Templeton, IA

Join us to learn about ACEs and the latest research. We will also hear how Sesame Streets in Communities works to decrease ACEs in children.

Presenter: Lisa Cushatt the Executive Director of ACES 360

This training is free; priority will be given to early childhood and medical professionals from Audubon, Carroll, Greene and Guthrie Counties.

Register by October 14<sup>th</sup> with an email to Amber Schon, include your name, agency and email address: [aschon@newopp.org](mailto:aschon@newopp.org)



[www.earlychildhood.iowa.gov](http://www.earlychildhood.iowa.gov)

### Iowa AEYC Virtual Conference

This conference is Iowa's major early childhood focused conference that is held every year and brought to us by Iowa Association for the Education of Young Children. Iowa AEYC is the state level organization for the National Association for the Education of Young Children-NAEYC.

Join them for an educational, inspirational, and fun professional development experience!

[Click here](#) to register today –

<http://www.iowaaeyc.org/>

### Community Coalition Meetings

Community coalition meetings are intentional meetings of community members and service providers gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

**Audubon County** meets at 11:30 AM on the 2<sup>nd</sup> Wednesday of the month in January, April, June & October at the ISU Extension meeting room in Audubon. Their next meeting is: **Wednesday October 13, 2021 at 11:30 AM, We will meet in person.**

**Carroll County** meets at noon on the third Wednesday of every other month. Their next meeting is: **Wednesday at Noon on October 20, 2021 @ ISU Extension Meeting Room in Carroll.** *Now meeting every other month. Mental Health Coalition meets on the opposite months*

**Greene County** meets on the first Tuesday of the month at noon at ISU Extension in Jefferson. They do take July & August off. Their next meeting is: **Tuesday October 5<sup>th</sup>. We will be meeting in person**

**Guthrie County** meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is: **Thursday December 9<sup>th</sup> at noon.** We will be meeting in person and via Zoom. Cindy D will be sending out a link.

Join us, the success of the meetings are driven by the people attending and the connections that are developed.



Partnerships 4 Families  
Early Childhood Iowa  
Area for  
Audubon, Carroll,  
Greene and Guthrie  
Counties

E-mail:  
[p4fchildren@gmail.com](mailto:p4fchildren@gmail.com)

Cindy Duhrkopf  
Area Director

**We are on the Web!**  
[www.partnerships4families.org](http://www.partnerships4families.org)

## P4F Board

The P4F Board meet in September and approved the FY21 annual report. They also welcomed new board member Trevor Nunn from Panora. They heard a brief update on the HOPES programs and discussed the Social Emotional project.

The meetings are open to the public; agendas are available on our website 24 hours in advance of the meeting.

Next Meeting is:  
Thursday November 18<sup>th</sup> at 11:00 AM at New Opportunities in Carroll and Via Zoom.

## P4F Board is Getting Close to Full

The P4F Board is almost full. We need one more person to serve from any of our counties. Help us meet our goal of full board membership by March of 2022.

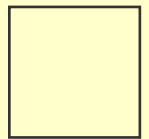
For more information reach out to a current board member or email us at [p4fchildren@gmail.com](mailto:p4fchildren@gmail.com)

The P4F Board meets 8-10 times a year on the third Thursday of the month at 11:00 AM. Members are asked to serve a three-year term.

The only requirement is that a member be a wonderful advocate for children 0-5.

Partnerships 4 Families  
PO Box 672  
Carroll, IA 51401

[www.partnerships4families.org](http://www.partnerships4families.org)



### SHARE THIS NEWSLETTER WITH

- ❖ CO-WORKERS
- ❖ EARLY CHILDHOOD PROFESSIONALS
- ❖ PARENTS
- ❖ EARLY CHILDHOOD ADVOCATES

OR FIND IT ON THE WEBSITE AND SHARE THE LINK