

# Partnerships 4 Families News 4 You

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Issue 2000



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- ◆ Every Child beginning at birth will be healthy and successful.

## Area Directors Note

### Brave Strong Resilient

On January 24<sup>th</sup> a small group of volunteers packaged up bags containing the Sesame Streets in Communities Brave Strong Resilient lessons along with other items. The bags are being delivered to registered childcare homes, childcare centers, HOPES, Early Head Start home and center based, Head Start classrooms and some preschools in our area. We are also delivering some copies to local libraries for families who are interested to do the lessons at home.

We held back 30 copies for people we may have missed. If you would like a copy please let me know.

The booklets being handed out are great and a wonderful way to introduce the lessons. We would also encourage providers and families to check out the lessons online. There are fun video, songs and slide shows to support the lessons.

P4F has provided funding for this program as an outreach project and will not be collecting much data on the project. We would be interested to hear about successful implementation of the lessons and positive changes in children's behaviors. We can't wait to hear the positive outcomes.

Cindy

## Collaborative Services Areas

Collaborative Service Areas (CSAs) are the title being given to areas that will provide services for WIC, MCAH, I-Smile, Family Planning and 1<sup>st</sup> Five. Iowa Department of Public Health-IDPH is in the process of releasing Request for Proposals for each of those programs over the next four months. Interested contractors may apply for the opportunity to provide services in the CSA.

IDPH has designated CSA-2 will include Audubon, Buena Vista, Carroll, Crawford, Greene, Guthrie and Sac counties.

You can find more information about this process on the IDPH website at:

<https://idph.iowa.gov/family-health/CSA>

Contracts for these programs run under a federal fiscal year that starts in October.

### Needs in the P4F Area

The P4F Board is interested to know if there is a small need in our area that needs addressed this spring pertaining to children 0-5. Due to savings with the Social Emotional Project, they have some funding that is available. The Board will

decide in February what needs they may be addressing. Visit with a P4F Board member or Cindy about the need you are seeing.

### Benefits of Children Visiting the Library

Libraries have seen a decline in young families visiting the library as we move out of the pandemic. Do you have ways your programs could promote using the library? Libraries are not only about checking out books and reading they also provide a sense of community to children.

Going to the library and checking out books teaches responsibility and accountability for someone else's property and fosters a sense of deadlines.

Encourage families with young children to visit their library and explore all that is waiting for them.



*“Why Worry? If you’ve done the very best you can, worrying won’t make it any better.”  
Walt Disney*

### Be An Early Childhood Advocate

Would you like to be a voice for children when it comes to legislation? A good way to start is by signing up for legislative updates from organizations that focus on children or families. One of them is [Common Good Iowa](#) and another is [Prevent Child Abuse Iowa](#).

Both do a wonderful job of providing information on bills that pertain to children. Click on their names to get to their websites and sign up today.

### March 21<sup>st</sup> 1-3 P4F Early Childhood Task Force

A spring four county meeting is being planned for Monday, March 21<sup>st</sup> from 1-3 via Zoom to bring early childhood providers together to discuss next steps in our outreach regarding Social-Emotional Development. We will also discuss other gaps in services.

The focus of the Early Childhood Task force is to bring early childhood providers and advocates together, benefiting the children in our area through collaboration.

A Zoom link will be sent out the end of February.

### Early Childhood Iowa Stakeholder Alliance

Are you familiar with the ECI Stakeholder Alliance? If not check out information about them on the Early Childhood Iowa website <https://earlychildhood.iowa.gov/system/s/state-system>

The Stakeholder Alliance is one large group and many sub committees working on various efforts across the

state that influence the early childhood system. A visual with a list of all the component work groups is available at: [https://earlychildhood.iowa.gov/sites/default/files/documents/2020-11/tool\\_a\\_11\\_19\\_2019\\_update.pdf](https://earlychildhood.iowa.gov/sites/default/files/documents/2020-11/tool_a_11_19_2019_update.pdf)

Consider joining a component work group in 2022.



### Child Care Funding Awarded

The P4F area has seven childcare centers that have benefited from [federal and state funding](#) that has come down to increase the availability of childcare slots or to assist in maintaining the safety of their center for licensing. Those centers include:

Carroll Area Child Care Centers & Preschool-Carroll

Li' Wildcats in Glidden

Greene County ELC-Jefferson

Breda Day Care-Breda

Little Panther Day Care-Panora

Exploration & Learning-Stuart

Little Chargers-Guthrie Center

Congratulations!!

### Community Coalition Meetings

Community coalition meetings are intentional meetings of community members and service providers gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

**Audubon County** meets at 11:30 AM on the 2<sup>nd</sup> Wednesday of the month in January, April, June & October at the ISU Extension meeting room in Audubon. Their next meeting is: **Wednesday April 13, 2022 at 11:30 AM, We will meet in person and possibly Zoom.**

**Carroll County** meets at noon on the third Wednesday of every other month. Their next meeting is: **Wednesday at Noon on February 16 @ ISU Extension Meeting Room in Carroll.** *Now meeting every other month. Mental Health Coalition meets on the opposite months*

**Greene County** meets on the first Tuesday of the month at noon at ISU Extension in Jefferson. They do take July & August off. Their next meeting is: **Tuesday February 1st** We will meet in person and via Zoom.

**Guthrie County** meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is: **Thursday March 10<sup>th</sup> at noon.** We will be meeting in person and via Zoom. Cindy D will be sending out a link.

Join us, the success of the meetings are driven by the people attending and the connections that are developed. In addition, invite others to join us.



Partnerships 4 Families  
Early Childhood Iowa  
Area for  
Audubon, Carroll,  
Greene and Guthrie  
Counties

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Cindy Duhrkopf  
Area Director

**We are on the Web!**  
[www.partnerships4families.org](http://www.partnerships4families.org)

## P4F Board

The P4F Board meet on January 20<sup>th</sup> and heard an update on the Maternal Child Health programs that serve our counties.

They also acknowledged the success of our three family support programs for their approval for the Iowa Family Support Credential.

The meetings are open to the public; agendas are available on our website 24 hours in advance of the meeting.

Next Meeting is:  
Thursday February 17th at 11:00 AM at New Opportunities in Carroll and Via Zoom.

## 1000 Hours Outside

Have you heard about 1000 Hours Outside? A set of parents in Southeast Michigan researched the topic of outside play benefits. They found that children benefit from being outside 4-6 hours every day and developed a free tracker for families to use. If you are interested in learning more or

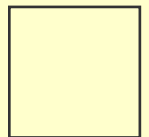
following their work check out their website and sign up for their social media posts.

<https://www.1000hoursoutside.com/>

Let us know if your family sets a goal of 1000 Hours Outside. We would love to follow along a family in our area that does this.

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### SHARE THIS NEWSLETTER WITH

- ❖ CO-WORKERS
- ❖ EARLY CHILDHOOD PROFESSIONALS
- ❖ PARENTS
- ❖ EARLY CHILDHOOD ADVOCATES

OR FIND IT ON THE WEBSITE AND SHARE THE LINK