# News 4 You from P4F

**December 2020** Issue 1986

Partnerships 4 Families Early Childhood Iowa Area for Audubon, Carroll, Greene and Guthrie Counties

#### Early Childhood Iowa

An initiative to empower individuals and their communities to achieve desired results to improve the quality of life for children ages birth-5 years of age and their families.



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#### 5-2-1-0 in the P4F Area

Are you familiar with 5-2-1-0? It is a nationally recognized and evidence based prevention framework to promote healthy habits. It has also been shown to reduce obesity in children. As an Early Childhood Iowa area we are going to embrace the initiative and take it to families and child care providers this winter.

Would you like to help? A committee will be meeting December 8<sup>th</sup> to begin the brainstorming process via Zoom. Please email us at <u>p4fchildren@gmail.com</u> if you would like to be a part of the committee.



#### ECI State Review January 21,2021

Mark your calendars!! P4F is having their state review on Thursday January 21, 2021 and all of our early childhood partners are welcome and encouraged to participate in discussion regarding your collaboration within the P4F area and with the P4F board. The meeting with partners will take place from 9:30-10:30 AM and will be via Zoom. A link will be shared with all members of the four county

Early Childhood Task Force Members and other community partners. Participation is not limited to those receiving an invitation. If you would like a link to the meeting please email us at p4fchildren@gmail.com

ECI State TA Team members conducting the review will be Shanell Wagler and James Olson

#### Community Human Resource Coalitions

Community coalition meetings are intentional meetings of human service providers and community members gathering to network for the benefit of the people they serve. Anyone is welcome to attend.

Audubon County meets at 11:30 AM on the 2<sup>nd</sup> Wednesday of the month in January, April, June & October at the ISU Extension meeting room in Audubon. Their next meeting is: Wednesday January 13, 2020 at 11:30 AM A Zoom link will be sent by Mollie Scott. Carroll County meets at noon on the third Wednesday of every other month at ISU Extensions Meeting Room in Carroll. Their next meeting is: Wednesday at Noon on December 16<sup>th</sup> Now meeting every other month. Mental Health Coalition meets on the opposite months.

Greene County meets on the first Tuesday of the month at noon at ISU Extension in Jefferson. They do take July & August off. Their next meeting is: Tuesday December 1<sup>st</sup> at Noon via Zoom, a link will be sent by Nancy Rowedder. Guthrie County meets at noon four times a year in March, June, September and December on the second Thursday of the month at the ISU Extension meeting room in Guthrie Center. Their next meeting is: Thursday December 10<sup>th</sup> at noon via Zoom A link will be sent by Cindy Duhrkopf

The successes of the meetings are driven by the people attending and the connections that are developed.

If you do not receive a link to any of the meetings email us at p4fchildren@gmail.com

### P4F Early Childhood Task Force

Members of the Early Childhood Task Force are invited to participate January 21, 2021 in the P4F State Review. See page one for more information and watch for a link to the meeting.

A full meeting of all four counties will be held on Wednesday March 24<sup>th</sup> at 1:00 PM.

Please consider how your program can assist in the promotion of the following initiatives:

> 5-2-1-0 Healthy Choices Count the Kicks 1000 Books before Kindergarten 2000 Days CDC Milestones

### P4F Board Update

The P4F board will not meet in December. The next meeting of the board will be the state review on January 21<sup>st</sup> at 11:00 AM.

The board is currently seeking two new members One with a health background and the other preferably from the business sector. Next Meeting is: Thursday January 21, 2021 11:00 AM CST Via Zoom

The meetings are open to the public a link to the Zoom meeting is posted on the agenda for the meeting that is posted on our website 24 hours in advance of the meeting.



"Every child beginning at

birth will be healthy and

successful.'

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We're on the Web! See us at: www.partnerships4families.org

If you would like to learn more about Early Childhood Iowa and Partnerships 4 Families reach out to our Area Director Cindy Duhrkopf @ p4fchildren@amail.com

Partnerships 4 Families has included you in our list serve to keep you informed about activities in Audubon, Carroll, Greene and Guthrie Counties. If you on longer want to receive updates please email us at p4fchildren@gmail.com

## Join us in welcoming Sesame Street in Communities to our town!

Please join ECI in welcoming Sesame Street in Communities to Iowa! Through a partnership between Iowa stakeholders—called the Iowa Alliance for Healthy Kids—and Sesame Street in Communities, we are Iaunching a unique initiative focused on improving the social and emotional well-being of young kids in central Iowa and across our state.

Over the next year, we'll release messages and resources that can help caregivers, providers, and our community promote early relational health with families and the healthy development of young children. A virtual kickoff event on October 16 from 10-11 a.m. will feature an introduction from Sesame Street and an overview on why this opportunity is needed and how you can get involved. RSVP here: <u>http://bit.ly/sesamestreet-iowa</u>

This will be a session for folks that serve as points of contact for their group or community. The session will help those attendees determine their role when we have a big 'public' launch in January. Links to Zoom meetings are now being sent out to members. If you would like to be included please email us at p4fchildren@gmail.com